



Turtle-Truth. Truth and Reconciliation are two words that have very important meaning to Vivian Ketchum (center). She shared with us her stories and experiences.



Wolf-Humility

This one word sums up the experience. Many thanks to: Presbyterian Church Canada, Knox Presbyterian Church Georgetown, Winnipeg Inner City Missions, Rev. Margaret Mullin, Stella, Audrey, Keeseekoowenin, John Constant, Whitney, St. James Presbyterian Church, The Crew. This trip would not have been possible without Elizabeth Clendening and one of the most inspiring women I know, Lisa Dawn McKenzie.

Eagle-Love

This is a photo of a painting at Flora House. It immediately grabbed my attention. I feel as though it represents the love, that fills Flora house.



Beaver-Wisdom

While at Medicine Eagle Camp in Keeseekoowenin, we acquired so much wisdom from two elders, Stella and Audrey. Traditional teachings about their spirituality and traditional medicine picking were just some of the highlights.



Buffalo-Respect

A dear friend of mine, Linda, from Keeseekoowenin, gave this to me. I had only known her for one day. That same day, we were stopped by a herd of bison, while driving in the car. They were so close, you could almost touch them. It was breathtaking.



Bear-Courage

Rev. Margaret Mullin taught us that courage is necessary on a daily basis, regardless of who you are and what you do. The staff of Winnipeg Inner City Missions shared with us their courage; it stayed with us the entire week.



Sasquatch-Honesty

I believe children are always honest. Even if it seems they're not, they will always give you a straight answer, right from the heart.

Manitoba 2010: 7 Sacred Teachings By: Carly Bravo